



Epreuve 1  
28/01/2024

Garçons, 400m Libre

8 - 10 ans  
Liste résultats

Rang	Nom	Licence	T.I.	Temps final
<b>9 ans</b>				
1.	BRUNO, Matys	BEL AQUABLA/013516/7:54.00		<b>7:45.41</b>
	50m: 48.98 48.98	150m: 250m:		350m:
	100m: 1:48.39 59.41	200m: 3:47.17	300m:	400m: 7:45.41
<b>10 ans</b>				
1.	BEUSELINCK, Liam	BEL SCWR/11070/14	6:18.28	<b>5:56.64</b>
	50m: 37.88 37.88	150m: 250m:		350m:
	100m: 1:21.88 44.00	200m: 2:54.53	300m:	400m: 5:56.64
2.	TANNOURY, Joseph	BEL AQUABLA/013508/6:50.00		<b>6:16.00</b>
	50m: 39.17 39.17	150m: 250m:		350m:
	100m: 1:26.88 47.71	200m: 3:04.37	300m:	400m: 6:16.00
3.	LOUCKX, Tim	BEL SCWR/11068/14	6:44.55	<b>6:19.81</b>
	50m: 39.08 39.08	150m: 250m:		350m:
	100m: 1:24.67 45.59	200m: 3:01.32	300m:	400m: 6:19.81
4.	VLADU, Adrian	ROU CNBA/013142/14	7:19.94	<b>6:25.28</b>
	50m: 40.20 40.20	150m: 250m:		350m:
	100m: 1:27.67 47.47	200m: 3:05.68	300m:	400m: 6:25.28
5.	CHRISTIAENS, Théo	BEL AQUABLA/013515/7:19.00		<b>6:41.71</b>
	50m: 42.96 42.96	150m: 250m:		350m:
	100m: 1:32.99 50.03	200m: 3:17.17	300m:	400m: 6:41.71
6.	LECLERCQ, Victor	BEL AQUABLA/013509/7:44.00		<b>6:57.51</b>
	50m: 43.68 43.68	150m: 250m:		350m:
	100m: 1:35.44 51.76	200m: 3:23.03	300m:	400m: 6:57.51
7.	RADU, Gabriel	BEL AQUABLA/013511/7:46.00		<b>7:03.15</b>
	50m: 49.08 49.08	150m: 250m:		350m:
	100m: 1:43.05 53.97	200m: 3:35.08	300m:	400m: 7:03.15
8.	MEINHOLD, R.	BEL BOUST/013375/14	NT	<b>7:05.37</b>
	50m: 45.30 45.30	150m: 250m:		350m:
	100m: 1:39.89 54.59	200m: 3:29.67	300m:	400m: 7:05.37

Epreuve 2  
28/01/2024

Messieurs, 400m 4 nages

12 ans et plus  
Liste résultats

Rang	Nom	Licence	T.I.	Temps final
<b>12 ans</b>				
1.	BRUNO, Diego	BEL AQUABLA/088813/12	NT	<b>6:15.20</b>
	50m:	150m: 250m:		350m:
	100m: 1:30.94	200m: 300m:		400m: 6:15.20
<b>13 ans</b>				
1.	AERTS, Mads	BEL SCWR/11056/11	NT	<b>6:11.62</b>
	50m:	150m: 250m:		350m:
	100m: 1:29.86	200m: 300m:		400m: 6:11.62
2.	BUCHET, Romain	BEL AQUABLA/078842/6:41.64		<b>6:14.73</b>
	50m:	150m: 250m:		350m:
	100m: 1:32.75	200m: 300m:		400m: 6:14.73



Epreuve 2, Garçons, 400m 4 nages, 13 ans

Rang	Nom	Licence	T.I.	Temps final
disq.	KHALED DELLA RIVA, T.BEL	AQUABLA/012580/11	NT	<b>6:38.68</b>
<i>SW 9.1 - Ordre incorrect des styles (papillon, dos, brasse, nage libre). N'a pas couvert un quart de la distance dans chaque style</i>				
	50m:	150m:	250m:	350m:
	100m: 1:36.05	200m:	300m:	400m: 6:38.68

14 ans

1.	EVERSONAS, Jonas	LTU CNSW/011059/10	5:09.28	<b>5:04.91</b>
	50m:	150m:	250m:	350m:
	100m: 1:11.46	200m:	300m:	400m: 5:04.91
2.	LASCARACHE, Christian	BEL AQUABLA/011617/5	5:37.72	<b>5:30.96</b>
	50m:	150m:	250m:	350m:
	100m: 1:19.40	200m:	300m:	400m: 5:30.96
3.	BOEHM, Lennart	GER CNSW/011656/10	6:15.00	<b>5:47.57</b>
	50m:	150m:	250m:	350m:
	100m: 1:29.89	200m:	300m:	400m: 5:47.57

15 ans

1.	IVANSZKY, Matthias	BEL CNSW/009276/09	5:18.34	<b>5:11.60</b>
	50m:	150m:	250m:	350m:
	100m: 1:15.18	200m:	300m:	400m: 5:11.60
2.	GENIN, Alexandre	BEL AQUABLA/011760/5	5:29.48	<b>5:25.98</b>
	50m:	150m:	250m:	350m:
	100m: 1:13.86	200m:	300m:	400m: 5:25.98
3.	BOMBAERTS, Maloh	BEL BOUST/012597/09	5:55.62	<b>5:45.08</b>
	50m:	150m:	250m:	350m:
	100m: 1:18.27	200m:	300m:	400m: 5:45.08

17 - 18 ans

1.	MACHALE, Liam	IRL CNSW/010031/07	5:14.35	<b>5:16.82</b>
	50m:	150m:	250m:	350m:
	100m: 1:14.32	200m:	300m:	400m: 5:16.82
2.	LEDENS, Victor	BEL CNSW/012923/06	5:27.34	<b>5:22.73</b>
	50m:	150m:	250m:	350m:
	100m: 1:17.96	200m:	300m:	400m: 5:22.73

Epreuve 3  
28/01/2024

Dames, 400m Libre

11 ans et plus  
Liste résultats

Rang	Nom	Licence	T.I.	Temps final
11 ans				
1.	MASAITTE, Milda	BEL AQUABLA/012581/5	5:48.41	<b>5:28.61</b>
	50m: 36.23	36.23	150m:	250m:
	100m: 1:16.77	40.54	200m: 2:41.07	300m:
				350m:
				400m: 5:28.61
2.	MASSCHELEIN, Sophie	BEL WN/012125/13	6:11.16	<b>5:34.28</b>
	50m: 37.13	37.13	150m:	250m:
	100m: 1:18.31	41.18	200m: 2:45.26	300m:
				350m:
				400m: 5:34.28
3.	BULTOT EL KOUCHI, Inè	BEL WN/013188/13	NT	<b>6:09.11</b>
	50m: 41.22	41.22	150m:	250m:
	100m: 1:26.92	45.70	200m: 3:01.75	300m:
				350m:
				400m: 6:09.11



Epreuve 3, Filles, 400m Libre, 11 ans

Rang	Nom	Licence	T.I.	Temps final
4.	OZER, Nehir	TUR CNSW/013485/13	7:00.00	<b>6:23.21</b>
	50m: 44.03	44.03	150m: 250m:	350m:
	100m: 1:33.01	48.98	200m: 3:08.98	300m: 400m: 6:23.21
5.	EL MOUSSAOUI, M.	BEL CNSW/013777/13	NT	<b>6:42.61</b>
	50m: 41.41	41.41	150m: 250m:	350m:
	100m: 1:29.99	48.58	200m: 3:13.70	300m: 400m: 6:42.61
6.	PANKINA, Maria	RUS CNSW/013556/13	7:00.00	<b>6:48.75</b>
	50m: 45.56	45.56	150m: 250m:	350m:
	100m: 1:35.72	50.16	200m: 3:17.56	300m: 400m: 6:48.75

12 ans

1.	MANISE, Naëlle	BEL AQUABLA/012575/5	25:29	<b>5:10.02</b>
	50m: 35.65	35.65	150m: 250m:	350m:
	100m: 1:15.38	39.73	200m: 2:35.91	300m: 400m: 5:10.02
2.	MARC, Sarah	BEL AQUABLA/011815/5	13:72	<b>5:12.25</b>
	50m: 34.05	34.05	150m: 250m:	350m:
	100m: 1:11.76	37.71	200m: 2:30.87	300m: 400m: 5:12.25
3.	FONTAINE, Eline	BEL WN/012919/12	5:34.52	<b>5:26.86</b>
	50m: 35.07	35.07	150m: 250m:	350m:
	100m: 1:13.89	38.82	200m: 2:37.56	300m: 400m: 5:26.86
4.	PULINX, Giulia	BEL WN/012936/12	5:40.19	<b>5:32.93</b>
	50m: 34.61	34.61	150m: 250m:	350m:
	100m: 1:14.33	39.72	200m: 2:40.58	300m: 400m: 5:32.93
5.	DZENE, Annika	LAT CNSW/013210/12	6:04.51	<b>5:48.28</b>
	50m: 39.86	39.86	150m: 250m:	350m:
	100m: 1:21.10	41.24	200m: 2:49.05	300m: 400m: 5:48.28
6.	VAN SINTEJAN, Manon	BEL SCWR/21058/12	5:57.56	<b>5:56.81</b>
	50m: 32.06	32.06	150m: 250m:	350m:
	100m: 1:23.23	51.17	200m: 2:54.51	300m: 400m: 5:56.81
7.	MARBOUH, Safora	BEL CNBA/011503/12	5:55.10	<b>5:56.93</b>
	50m: 36.51	36.51	150m: 250m:	350m:
	100m: 1:19.35	42.84	200m: 2:50.77	300m: 400m: 5:56.93
8.	ZHUKOVA, Maria	BEL CNSW/012761/12	6:15.00	<b>6:10.54</b>
	50m: 41.23	41.23	150m: 250m:	350m:
	100m: 1:26.88	45.65	200m: 3:00.74	300m: 400m: 6:10.54
9.	YALCINKAYA, Bade	BEL CNSW/013109/12	6:39.93	<b>6:12.50</b>
	50m: 41.65	41.65	150m: 250m:	350m:
	100m: 1:28.49	46.84	200m: 3:05.73	300m: 400m: 6:12.50
10.	BARSZCZEWSKA, Julia	BEL SCWR/21077/12	NT	<b>6:29.28</b>
	50m: 39.74	39.74	150m: 250m:	350m:
	100m: 1:28.57	48.83	200m: 3:07.93	300m: 400m: 6:29.28
11.	MONFILS-VAN BEETHOVEN, L.	BEL BOUST/013372/12	NT	<b>6:48.28</b>
	50m: 40.95	40.95	150m: 250m:	350m:
	100m: 1:30.85	49.90	200m: 3:13.52	300m: 400m: 6:48.28
12.	OIJAA, Naima	BEL CNBA/012041/12	7:18.60	<b>7:01.42</b>
	50m: 46.52	46.52	150m: 250m:	350m:
	100m: 1:38.95	52.43	200m: 3:26.58	300m: 400m: 7:01.42
13.	OHLIGER, Aurélie	BEL CNSW/013814/12	NT	<b>7:08.12</b>
	50m: 44.81	44.81	150m: 250m:	350m:
	100m: 1:36.97	52.16	200m: 3:29.91	300m: 400m: 7:08.12
14.	NICHIFOR, Alexandra	BEL BOUST/013360/12	NT	<b>7:42.95</b>
	50m: 45.88	45.88	150m: 250m:	350m:
	100m: 1:43.03	57.15	200m: 3:41.73	300m: 400m: 7:42.95



Epreuve 3, Dames, 400m Libre

13 ans

1.	GROMADA, Clémence	FRA	AQUABLA/011396/5:06.86	<b>4:59.67</b>
	50m: 34.13	34.13	150m: 250m:	350m:
	100m: 1:11.41	37.28	200m: 2:27.64	300m: 400m: 4:59.67
2.	TASSENOY, Apolline	BEL	AQUABLA/065991/5:18.65	<b>5:08.36</b>
	50m: 35.42	35.42	150m: 250m:	350m:
	100m: 1:14.03	38.61	200m: 2:32.67	300m: 400m: 5:08.36
3.	BESO, Clara	ESP	CNSW/013202/11 5:25.78	<b>5:23.99</b>
	50m: 36.83	36.83	150m: 250m:	350m:
	100m: 1:16.43	39.60	200m: 2:38.35	300m: 400m: 5:23.99
4.	HARDACRE, Juliette	BEL	AQUABLA/088923/5:52.24	<b>5:25.79</b>
	50m: 34.83	34.83	150m: 250m:	350m:
	100m: 1:15.15	40.32	200m: 2:39.31	300m: 400m: 5:25.79
5.	KECHAGIOGLOU, E.	GRE	CNSW/012482/11 5:44.98	<b>5:28.55</b>
	50m: 37.60	37.60	150m: 250m:	350m:
	100m: 1:18.52	40.92	200m: 2:41.74	300m: 400m: 5:28.55
6.	JENKINS, Anabelle	BEL	CNSW/012548/11 5:32.81	<b>5:31.10</b>
	50m: 36.57	36.57	150m: 250m:	350m:
	100m: 1:17.05	40.48	200m: 2:41.91	300m: 400m: 5:31.10
7.	NJELEZEK, Tahia	BEL	AQUABLA/012576/5:35.10	<b>5:35.42</b>
	50m: 37.03	37.03	150m: 250m:	350m:
	100m: 1:18.28	41.25	200m: 2:43.47	300m: 400m: 5:35.42
8.	STARKIE ALVES, Emma	POR	CNSW/013110/11 5:44.75	<b>5:40.75</b>
	50m: 38.02	38.02	150m: 250m:	350m:
	100m: 1:19.54	41.52	200m: 2:46.65	300m: 400m: 5:40.75
9.	EL MOUSSAOUI, Dina	BEL	CNSW/013776/11 6:00.23	<b>5:46.37</b>
	50m: 39.12	39.12	150m: 250m:	350m:
	100m: 1:21.73	42.61	200m: 2:49.29	300m: 400m: 5:46.37
10.	KREMER, Emely	GER	CNBA/012258/11 6:02.66	<b>5:59.49</b>
	50m: 37.91	37.91	150m: 250m:	350m:
	100m: 1:21.22	43.31	200m: 2:54.34	300m: 400m: 5:59.49
11.	GERRITSMA, Jeanne	BEL	AQUABLA/078838/11 NT	<b>6:17.23</b>
	50m: 40.99	40.99	150m: 250m:	350m:
	100m: 1:27.20	46.21	200m: 3:04.19	300m: 400m: 6:17.23
12.	CIULICA, Elena	BEL	CNSW/013813/11 NT	<b>6:31.31</b>
	50m: 39.74	39.74	150m: 250m:	350m:
	100m: 1:25.70	45.96	200m: 3:05.77	300m: 400m: 6:31.31
13.	GRECO, Gloria	ITA	CNBA/013052/11 7:11.57	<b>7:21.71</b>
	50m: 41.07	41.07	150m: 250m:	350m:
	100m: 1:34.78	53.71	200m: 3:27.17	300m: 400m: 7:21.71
disq.	COUSIN, Laetitia	BEL	BOUST/013370/11 NT	
	<i>SW 10.2 - N'a pas couvert la totalité de la distance de l'épreuve</i>			
	50m: 43.67	43.67	150m: 250m:	350m:
	100m: 1:34.56	50.89	200m: 3:18.44	300m: 400m:

14 ans

1.	LHOIR, Eloïse	BEL	AQUABLA/010481/4:50.93	<b>4:48.96</b>
	50m: 32.16	32.16	150m: 250m:	350m:
	100m: 1:07.80	35.64	200m: 2:20.38	300m: 400m: 4:48.96
2.	MOLINA FUEYO, Marisa	BEL	WN/011919/10 5:19.42	<b>5:10.38</b>
	50m: 34.71	34.71	150m: 250m:	350m:
	100m: 1:12.83	38.12	200m: 2:32.64	300m: 400m: 5:10.38



Epreuve 3, Filles, 400m Libre, 14 ans

Rang	Nom	Licence	T.I.	Temps final
3.	LOUCKX, Célie	BEL SCWR/21053/10	5:20.66	5:14.53
	50m: 35.85	35.85	150m: 250m:	350m:
	100m: 1:14.28	38.43	200m: 2:33.75	300m: 400m: 5:14.53
4.	DURY, Elisabeth	BEL CNSW/012928/10	5:20.78	5:20.21
	50m: 33.84	33.84	150m: 250m:	350m:
	100m: 1:12.64	38.80	200m: 2:33.09	300m: 400m: 5:20.21
5.	LE GUILLOU, Giulia	ITA SCR/012991/10	5:58.60	5:47.95
	50m: 37.18	37.18	150m: 250m:	350m:
	100m: 1:19.94	42.76	200m: 2:46.84	300m: 400m: 5:47.95
6.	SANTORO, Martina	ITA RBP/012636/10	NT	5:48.84
	50m: 38.77	38.77	150m: 250m:	350m:
	100m: 1:21.71	42.94	200m: 2:51.45	300m: 400m: 5:48.84
7.	GODEFROID, Charlize	BEL SCR/010172/10	6:23.50	5:59.91
	50m: 38.13	38.13	150m: 250m:	350m:
	100m: 1:22.41	44.28	200m: 2:54.23	300m: 400m: 5:59.91
8.	SANTORO, Alexandra	ITA RBP/012635/10	NT	6:07.15
	50m: 39.59	39.59	150m: 250m:	350m:
	100m: 1:23.33	43.74	200m: 2:56.77	300m: 400m: 6:07.15
9.	KALONJI, Elise	BEL BOUST/013368/10	NT	6:08.29
	50m: 39.10	39.10	150m: 250m:	350m:
	100m: 1:23.99	44.89	200m: 2:56.31	300m: 400m: 6:08.29
10.	ALVES, Joana	BEL RBP/012622/10	NT	6:23.11
	50m: 40.46	40.46	150m: 250m:	350m:
	100m: 1:27.02	46.56	200m: 3:05.27	300m: 400m: 6:23.11
forf.nd.	BUEKENHOUT, Chloe	BEL BOUST/011643/10	6:07.95	

15 ans

1.	JENKINS, Emma	BEL CNSW/008181/09	4:51.21	4:53.48
	50m: 33.30	33.30	150m: 250m:	350m:
	100m: 1:10.54	37.24	200m: 2:24.96	300m: 400m: 4:53.48
2.	RANCILLON, Eline	BEL AQUABLA/010499/5	5:00.48	4:54.26
	50m: 34.02	34.02	150m: 250m:	350m:
	100m: 1:10.44	36.42	200m: 2:24.94	300m: 400m: 4:54.26
3.	XENOU, Virginia	GRE CNSW/011249/09	5:09.76	5:00.04
	50m: 33.88	33.88	150m: 250m:	350m:
	100m: 1:11.69	37.81	200m: 2:28.86	300m: 400m: 5:00.04
4.	DEBAY, Manon	BEL BOUST/011416/09	5:09.11	5:06.03
	50m: 34.11	34.11	150m: 250m:	350m:
	100m: 1:11.20	37.09	200m: 2:29.24	300m: 400m: 5:06.03
5.	RENAUD, Alva	FIN CNSW/011653/09	5:27.84	5:09.05
	50m: 34.68	34.68	150m: 250m:	350m:
	100m: 1:12.77	38.09	200m: 2:33.25	300m: 400m: 5:09.05
6.	STEVENS, Eléonore	BEL AQUABLA/010534/5	5:17.59	5:10.72
	50m: 33.62	33.62	150m: 250m:	350m:
	100m: 1:11.90	38.28	200m: 2:30.43	300m: 400m: 5:10.72
7.	JASSOGNE, Olivia	BEL BOUST//09	NT	5:45.05
	50m: 37.20	37.20	150m: 250m:	350m:
	100m: 1:20.80	43.60	200m: 2:50.20	300m: 400m: 5:45.05
8.	LEHOUX, Nelly	CAN RBP/012539/09	NT	5:53.26
	50m: 38.50	38.50	150m: 250m:	350m:
	100m: 1:20.37	41.87	200m: 2:51.45	300m: 400m: 5:53.26



Epreuve 3, Filles, 400m Libre, 15 ans

Rang	Nom	Licence	T.I.	Temps final
9.	MOUCHART, Clarisse	BEL BOUST/012468/09	NT	<b>6:22.66</b>
	50m: 41.48	41.48	150m: 250m:	350m:
	100m: 1:28.03	46.55	200m: 3:05.73	300m: 400m: 6:22.66

16 ans

1.	BOULOGNE, Hannah	BEL AQUABLA/010480/4:55.27		<b>4:59.92</b>
	50m: 34.11	34.11	150m: 250m:	350m:
	100m: 1:11.61	37.50	200m: 3:05.79	300m: 400m: 4:59.92
2.	PEREZ ZUBRZYCKA, Lai	POL CNSW/012925/08	5:09.00	<b>5:09.54</b>
	50m: 34.81	34.81	150m: 250m:	350m:
	100m: 1:14.41	39.60	200m: 2:32.34	300m: 400m: 5:09.54
3.	LOITERSTEINE, Evelina	LAT CNSW/013253/08	5:18.51	<b>5:16.53</b>
	50m: 35.80	35.80	150m: 250m:	350m:
	100m: 1:15.71	39.91	200m: 2:37.09	300m: 400m: 5:16.53
4.	FRANCOTTE, Marine	BEL RBP/009180/08	6:16.52	<b>6:08.32</b>
	50m: 37.44	37.44	150m: 250m:	350m:
	100m: 1:21.22	43.78	200m: 2:55.25	300m: 400m: 6:08.32

17 - 18 ans

1.	MERTENS-GOOSSENS, BEL	SCR/009143/07	5:08.61	<b>5:22.05</b>
	50m: 34.93	34.93	150m: 250m:	350m:
	100m: 1:12.03	37.10	200m: 2:30.90	300m: 400m: 5:22.05
2.	LASCARACHE, Alexandr	BEL AQUABLA/012009/5:49.63		<b>5:28.00</b>
	50m: 35.56	35.56	150m: 250m:	350m:
	100m: 1:15.34	39.78	200m: 2:37.84	300m: 400m: 5:28.00
3.	MUSSCHEBROECK, R.	BEL SCR/008144/07	5:48.62	<b>5:37.93</b>
	50m: 35.10	35.10	150m: 250m:	350m:
	100m: 1:15.19	40.09	200m: 2:40.24	300m: 400m: 5:37.93
4.	CRIJNS, Lucie	BEL BOUST/013484/06	NT	<b>7:05.19</b>
	50m: 44.92	44.92	150m: 250m:	350m:
	100m: 1:36.79	51.87	200m: 3:23.56	300m: 400m: 7:05.19
disq.	KADIC, Emma	BEL BOUST/011558/07	NT	
	<i>SW 10.2 - N'a pas couvert la totalité de la distance de l'épreuve</i>			
	50m: 43.17	43.17	150m: 250m:	350m:
	100m: 1:32.14	48.97	200m: 3:17.46	300m: 400m:
forf.nd.	JOHANSEN, Zoé	BEL BOUST//07	NT	

Epreuve 4  
28/01/2024

Filles, 400m Libre

8 - 10 ans  
Liste résultats

Rang	Nom	Licence	T.I.	Temps final
1.	ANSLOT, Méline	BEL SCWR/21075/15	NT	<b>6:48.76</b>
	50m: 45.66	45.66	150m: 250m:	350m:
	100m: 1:37.56	51.90	200m: 3:23.66	300m: 400m: 6:48.76



Epreuve 4, Filles, 400m Libre

10 ans

1. WÉGRIA, Léa	BEL	ENW/011946/14	6:10.31	<b>5:56.38</b>
50m: 38.63	38.63	150m:	250m:	350m:
100m: 1:22.13	43.50	200m: 2:53.31	300m:	400m: 5:56.38
2. SABA, Leila	BEL	BOUST/013371/14	6:55.17	<b>6:45.84</b>
50m: 43.23	43.23	150m:	250m:	350m:
100m: 1:34.67	51.44	200m: 3:18.12	300m:	400m: 6:45.84
3. DEMARET, Anaëlle	BEL	BOUST/013367/14	NT	<b>7:10.07</b>
50m: 48.49	48.49	150m:	250m:	350m:
100m: 1:41.61	53.12	200m: 3:31.87	300m:	400m: 7:10.07
4. BOUCART, Nyssa	BEL	AQUABLA/013507/7	7:56.00	<b>7:35.44</b>
50m: 49.50	49.50	150m:	250m:	350m:
100m: 1:46.47	56.97	200m: 3:42.47	300m:	400m: 7:35.44
5. DE WITTE, Elise	BEL	AQUABLA/013512/7	7:41.00	<b>7:42.47</b>
50m: 43.67	43.67	150m:	250m:	350m:
100m: 1:39.79	56.12	200m: 3:39.87	300m:	400m: 7:42.47
6. LEPOUTRE, Eléonore	BEL	AQUABLA/013514/8	8:51.00	<b>8:21.03</b>
50m: 49.36	49.36	150m:	250m:	350m:
100m: 1:52.81	1:03.45	200m: 4:04.93	300m:	400m: 8:21.03
forf.nd. DE COSTER, Lise	BEL	WN/013187/14	NT	

Epreuve 5  
28/01/2024

Dames, 400m 4 nages

12 ans et plus  
Liste résultats

Rang	Nom	Licence	T.I.	Temps final
12 ans				
1.	MARC, Sarah	BEL AQUABLA/011815/12	NT	<b>5:57.31</b>
50m:		150m:	250m:	350m:
100m: 1:27.63		200m:	300m:	400m: 5:57.31
disq.	MANISE, Naëlle	BEL AQUABLA/012575/6	6:01.55	<b>6:03.05</b>
<i>SW 6.4 c - Le nageur n'a pas entamé virage directement après traction des bras</i>				
50m:		150m:	250m:	350m:
100m: 1:24.81		200m:	300m:	400m: 6:03.05

13 ans

1.	GROMADA, Clémence	FRA AQUABLA/011396/6	6:03.15	<b>5:52.21</b>
50m:		150m:	250m:	350m:
100m: 1:25.46		200m:	300m:	400m: 5:52.21
2.	TASSENOY, Apolline	BEL AQUABLA/065991/6	6:29.69	<b>6:15.03</b>
50m:		150m:	250m:	350m:
100m: 1:40.35		200m:	300m:	400m: 6:15.03
3.	HARDACRE, Juliette	BEL AQUABLA/088923/11	NT	<b>6:21.55</b>
50m:		150m:	250m:	350m:
100m: 1:33.69		200m:	300m:	400m: 6:21.55
4.	NJELEZEK, Tahia	BEL AQUABLA/012576/11	NT	<b>6:29.36</b>
50m:		150m:	250m:	350m:
100m: 1:36.28		200m:	300m:	400m: 6:29.36



Epreuve 5, Dames, 400m 4 nages

14 ans

1. LHOIR, Eloïse	BEL	AQUABLA/010481/5:20.62	<b>5:24.35</b>
50m:	150m:	250m:	350m:
100m: 1:17.44	200m:	300m:	400m: 5:24.35
2. LOUCKX, Célié	BEL	SCWR/21053/10	<b>6:14.76</b>
50m:	150m:	250m:	350m:
100m: 1:28.39	200m:	300m:	400m: 6:14.76

15 ans

1. XENOU, Virginia	GRE	CNSW/011249/09 5:30.58	<b>5:29.06</b>
50m:	150m:	250m:	350m:
100m: 1:16.90	200m:	300m:	400m: 5:29.06
2. RANCILLON, Eline	BEL	AQUABLA/010499/5:40.65	<b>5:38.60</b>
50m:	150m:	250m:	350m:
100m: 1:22.67	200m:	300m:	400m: 5:38.60
3. STEVENS, Eléonore	BEL	AQUABLA/010534/6:03.14	<b>5:51.19</b>
50m:	150m:	250m:	350m:
100m: 1:22.94	200m:	300m:	400m: 5:51.19
4. DEBAY, Manon	BEL	BOUST/011416/09 6:04.22	<b>6:02.66</b>
50m:	150m:	250m:	350m:
100m: 1:21.80	200m:	300m:	400m: 6:02.66
disq. RENAUD, Alva	FIN	CNSW/011653/09 NT	<b>6:01.02</b>
<i>SW 6.4 c - Le nageur n'a pas entamé virage directement après traction des bras</i>			
50m:	150m:	250m:	350m:
100m: 1:30.50	200m:	300m:	400m: 6:01.02

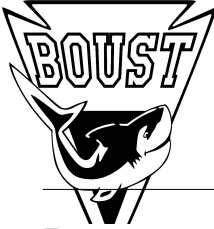
16 ans

1. LOITERSTEINE, Evelina	LAT	CNSW/013253/08 6:03.34	<b>5:55.59</b>
50m:	150m:	250m:	350m:
100m: 1:26.47	200m:	300m:	400m: 5:55.59
2. BOULOGNE, Hannah	BEL	AQUABLA/010480/5:50.77	<b>6:01.64</b>
50m:	150m:	250m:	350m:
100m: 1:27.58	200m:	300m:	400m: 6:01.64

17 - 18 ans

1. MUSSCHEBROECK, R.	BEL	SCR/008144/07 6:38.87	<b>6:12.62</b>
50m:	150m:	250m:	350m:
100m: 1:29.44	200m:	300m:	400m: 6:12.62
2. LASCARACHE, Alexandr	BEL	AQUABLA/012009/07 NT	<b>6:31.17</b>
50m:	150m:	250m:	350m:
100m: 1:58.60	200m:	300m:	400m: 6:31.17





Epreuve 6  
28/01/2024

Messieurs, 400m Libre

11 ans et plus  
Liste résultats

Rang	Nom	Licence	T.I.	Temps final
<b>11 ans</b>				
1.	TASSENOY, Tom	BEL AQUABLA/078840/5:39.97		<b>5:18.17</b>
	50m: 36.10 36.10	150m: 250m:		350m:
	100m: 1:16.64 40.54	200m: 2:38.51	300m:	400m: 5:18.17
2.	VAN DEN DOOREN, A.	BEL CNBA/011320/13	6:14.39	<b>5:33.53</b>
	50m: 36.93 36.93	150m: 250m:		350m:
	100m: 1:17.50 40.57	200m: 2:42.47	300m:	400m: 5:33.53
3.	AERTS, Lenn	BEL SCWR/11071/13	5:46.51	<b>5:35.71</b>
	50m: 37.79 37.79	150m: 250m:		350m:
	100m: 1:19.85 42.06	200m: 2:47.38	300m:	400m: 5:35.71
4.	BLAMPAIN, Augustin	BEL WN/012181/13	5:59.41	<b>5:37.63</b>
	50m: 37.09 37.09	150m: 250m:		350m:
	100m: 1:19.54 42.45	200m: 2:45.84	300m:	400m: 5:37.63
5.	GOOSSENS, Enzo	BEL CNBA/011254/13	5:47.12	<b>5:38.41</b>
	50m: 37.61 37.61	150m: 250m:		350m:
	100m: 1:20.52 42.91	200m: 2:47.14	300m:	400m: 5:38.41
6.	SPROCKEELS, Liam	BEL AQUABLA/012579/5:59.77		<b>5:38.54</b>
	50m: 38.31 38.31	150m: 250m:		350m:
	100m: 1:21.49 43.18	200m: 2:47.85	300m:	400m: 5:38.54
7.	HAESEBROEK, Alex	BEL WN/013137/13	NT	<b>6:23.47</b>
	50m: 39.97 39.97	150m: 250m:		350m:
	100m: 1:26.72 46.75	200m: 3:06.44	300m:	400m: 6:23.47
8.	BANU, Alex	BEL WN/013159/13	NT	<b>6:24.48</b>
	50m: 38.24 38.24	150m: 250m:		350m:
	100m: 1:25.55 47.31	200m: 3:06.70	300m:	400m: 6:24.48
9.	ANSLOT, Sacha	BEL SCWR/11069/13	6:39.75	<b>6:25.92</b>
	50m: 41.05 41.05	150m: 250m:		350m:
	100m: 1:30.70 49.65	200m: 3:11.25	300m:	400m: 6:25.92
10.	DE COSTER, Théo	BEL WN/013162/13	NT	<b>6:36.88</b>
	50m: 42.62 42.62	150m: 250m:		350m:
	100m: 1:31.37 48.75	200m: 3:13.83	300m:	400m: 6:36.88
11.	GOFFETTE, Gilles	BEL CNSW/013487/13	6:44.32	<b>6:43.59</b>
	50m: 46.91 46.91	150m: 250m:		350m:
	100m: 1:36.98 50.07	200m: 3:21.59	300m:	400m: 6:43.59
12.	LINTHOUT, Loïc	BEL BOUST/013373/13	NT	<b>7:16.69</b>
	50m: 44.93 44.93	150m: 250m:		350m:
	100m: 1:38.17 53.24	200m: 3:31.39	300m:	400m: 7:16.69
13.	NEJMAN, Julian	BEL CNSW/013500/13	NT	<b>7:23.20</b>
	50m: 44.11 44.11	150m: 250m:		350m:
	100m: 1:37.04 52.93	200m: 3:32.61	300m:	400m: 7:23.20
14.	ASBEEK BRUSSE, Nicol	BEL WN/013161/13	NT	<b>7:31.35</b>
	50m: 48.47 48.47	150m: 250m:		350m:
	100m: 1:45.87 57.40	200m: 3:41.87	300m:	400m: 7:31.35
disq.	ISTOC, Anton	BEL WN/013138/13	NT	
	<i>SW 4.4 - Départ anticipé</i>			
disq.	CASSEREAU, Gauthier	BEL WN/012284/13	6:22.53	<b>6:18.33</b>
	<i>SW 4.4 - Départ anticipé</i>			
	50m: 40.15 40.15	150m: 250m:		350m:
	100m: 1:28.32 48.17	200m: 3:06.16	300m:	400m: 6:18.33



Epreuve 6, Messieurs, 400m Libre

12 ans

1. MOLINA FUEYO, Esteban	BEL	WN/011918/12	5:12.24	<b>5:03.46</b>
50m: 33.61	33.61	150m:	250m:	350m:
100m: 1:12.25	38.64	200m: 2:30.72	300m:	400m: 5:03.46
2. EVERSONAS, Paulius	BEL	CNSW/012494/12	5:26.47	<b>5:16.02</b>
50m: 36.88	36.88	150m:	250m:	350m:
100m: 1:17.02	40.14	200m: 2:38.66	300m:	400m: 5:16.02
3. CAHUET, Arsène	FRA	WN/012131/12	5:51.15	<b>5:34.83</b>
50m: 37.31	37.31	150m:	250m:	350m:
100m: 1:20.62	43.31	200m: 2:48.45	300m:	400m: 5:34.83
4. DETOMBE, Gaspard	BEL	AQUABLA/012582/6	6:13.45	<b>5:35.98</b>
50m: 36.38	36.38	150m:	250m:	350m:
100m: 1:17.84	41.46	200m: 2:45.59	300m:	400m: 5:35.98
5. BRUNO, Diego	BEL	AQUABLA/088813/5	5:49.10	<b>5:40.09</b>
50m: 38.95	38.95	150m:	250m:	350m:
100m: 1:22.64	43.69	200m: 2:47.51	300m:	400m: 5:40.09
6. OURAGHI, Wassim	BEL	CNSW/013486/12	6:10.00	<b>5:57.59</b>
50m: 40.79	40.79	150m:	250m:	350m:
100m: 1:25.79	45.00	200m: 2:58.17	300m:	400m: 5:57.59
7. DEJAIFFE, Edouard	BEL	CNSW/013476/12	6:10.73	<b>5:57.90</b>
50m: 42.36	42.36	150m:	250m:	350m:
100m: 1:28.56	46.20	200m: 3:02.37	300m:	400m: 5:57.90
8. PERREAULT-MOONEY, CAN	WN/011106/12	6:18.76	<b>6:09.18</b>	
50m: 40.30	40.30	150m:	250m:	350m:
100m: 1:26.43	46.13	200m: 3:01.92	300m:	400m: 6:09.18

13 ans

1. AERTS, Mads	BEL	SCWR/11056/11	5:18.56	<b>5:07.39</b>
50m: 35.75	35.75	150m:	250m:	350m:
100m: 1:14.37	38.62	200m: 2:31.82	300m:	400m: 5:07.39
2. ROBBA, Enrico	ITA	CNSW/012493/11	5:20.96	<b>5:14.36</b>
50m: 35.91	35.91	150m:	250m:	350m:
100m: 1:16.01	40.10	200m: 2:37.39	300m:	400m: 5:14.36
3. GARCIA, Thomas	ITA	CNSW/012483/11	5:13.75	<b>5:17.67</b>
50m: 35.51	35.51	150m:	250m:	350m:
100m: 1:15.03	39.52	200m: 2:35.83	300m:	400m: 5:17.67
4. GORINI, Federico	BEL	CNSW/012484/11	5:26.77	<b>5:27.80</b>
50m: 36.18	36.18	150m:	250m:	350m:
100m: 1:18.21	42.03	200m: 2:43.28	300m:	400m: 5:27.80
5. FRANCOTTE, Benjamin	BEL	RBP/013807/11	5:59.91	<b>5:34.34</b>
50m: 35.79	35.79	150m:	250m:	350m:
100m: 1:15.59	39.80	200m: 2:41.16	300m:	400m: 5:34.34
6. PAKER, Eren	TUR	CNSW/013488/11	6:00.00	<b>5:37.22</b>
50m: 40.14	40.14	150m:	250m:	350m:
100m: 1:22.36	42.22	200m: 2:49.75	300m:	400m: 5:37.22
7. BUCHET, Romain	BEL	AQUABLA/078842/6	6:05.10	<b>5:39.40</b>
50m: 38.31	38.31	150m:	250m:	350m:
100m: 1:21.52	43.21	200m: 2:49.45	300m:	400m: 5:39.40
8. YANGINCI, Baris	BEL	SCWR/11065/11	6:19.51	<b>5:42.81</b>
50m: 36.90	36.90	150m:	250m:	350m:
100m: 1:18.37	41.47	200m: 2:46.55	300m:	400m: 5:42.81



Epreuve 6, Garçons, 400m Libre, 13 ans

Rang	Nom	Licence	T.I.	Temps final
9.	KHALED DELLA RIVA, T.BEL	AQUABLA/012580/6:06.85		<b>5:45.41</b>
	50m: 37.90 37.90	150m: 250m:		350m:
	100m: 1:21.92 44.02	200m: 2:51.63	300m:	400m: 5:45.41
10.	VAN SLYCKE, Max	BEL CNBA/011551/11	6:10.40	<b>5:45.42</b>
	50m: 36.32 36.32	150m: 250m:		350m:
	100m: 1:17.67 41.35	200m: 2:44.57	300m:	400m: 5:45.42
11.	AFALLAH, Houdhayfa	BEL CNBA/011252/11	6:03.10	<b>5:53.29</b>
	50m: 36.65 36.65	150m: 250m:		350m:
	100m: 1:18.60 41.95	200m: 2:50.05	300m:	400m: 5:53.29
12.	AOUATTAH, Walid	BEL SCWR/11076/11	NT	<b>5:57.82</b>
	50m: 38.15 38.15	150m: 250m:		350m:
	100m: 1:20.56 42.41	200m: 2:52.00	300m:	400m: 5:57.82
13.	ACHNAK, Noam	BEL CNBA/012655/11	6:13.45	<b>5:59.54</b>
	50m: 37.11 37.11	150m: 250m:		350m:
	100m: 1:21.25 44.14	200m: 2:51.15	300m:	400m: 5:59.54
14.	THONON, Joaquim	BEL BOUST/013369/11	NT	<b>6:00.79</b>
	50m: 38.83 38.83	150m: 250m:		350m:
	100m: 1:23.47 44.64	200m: 2:56.30	300m:	400m: 6:00.79
15.	CARDACI, Enzo	BEL RBP/013409/11	NT	<b>6:09.76</b>
	50m: 40.24 40.24	150m: 250m:		350m:
	100m: 1:25.93 45.69	200m: 3:00.82	300m:	400m: 6:09.76
16.	ZUBIA LAWES, L.	ESP WN/012741/11	NT	<b>6:15.26</b>
	50m: 39.85 39.85	150m: 250m:		350m:
	100m: 1:25.06 45.21	200m: 3:00.42	300m:	400m: 6:15.26
17.	AMGHAR, Yasser	BEL CNBA/012431/11	NT	<b>7:00.70</b>
	50m: 42.61 42.61	150m: 250m:		350m:
	100m: 1:33.30 50.69	200m: 3:22.09	300m:	400m: 7:00.70
18.	DERYCKE, Nicola	BEL CNBA/011317/11	7:18.72	<b>7:13.96</b>
	50m: 42.71 42.71	150m: 250m:		350m:
	100m: 1:36.65 53.94	200m: 3:27.47	300m:	400m: 7:13.96
disq.	LEROY, Alessio	BEL CNSW/013774/11	NT	
	<i>SW 4.4 - Départ anticipé</i>			

14 ans

1.	LASCARACHE, Christian	BEL AQUABLA/011617/4:47.99		<b>4:37.00</b>
	50m: 31.11 31.11	150m: 250m:		350m:
	100m: 1:05.47 34.36	200m: 2:15.83	300m:	400m: 4:37.00
2.	MASAITIS, Mantas	BEL AQUABLA/011044/4:40.69		<b>4:51.41</b>
	50m: 32.24 32.24	150m: 250m:		350m:
	100m: 1:07.87 35.63	200m: 2:22.25	300m:	400m: 4:51.41
3.	DE BECKER, Aurélien	BEL WN/011113/10	5:11.79	<b>5:03.53</b>
	50m: 34.75 34.75	150m: 250m:		350m:
	100m: 1:12.87 38.12	200m: 2:30.33	300m:	400m: 5:03.53
4.	ESLAMI, Sam	BEL WN/011152/10	5:29.68	<b>5:04.66</b>
	50m: 36.03 36.03	150m: 250m:		350m:
	100m: 1:14.31 38.28	200m: 2:31.29	300m:	400m: 5:04.66
forf.nd.	TRAN, Bao-Duc	BEL BOUST/010898/10	NT	
forf.nd.	CHAOUB, Bassam	BEL CNBA/010992/10	5:29.68	
forf.nd.	DOLYAN, Daniel	BEL CNBA/010016/10	5:58.99	



Epreuve 6, Messieurs, 400m Libre

15 ans

1. GENIN, Alexandre	BEL	AQUABLA/011760/4:39.57	<b>4:35.15</b>
50m: 31.09	31.09	150m: 250m:	350m:
100m: 1:04.32	33.23	200m: 2:15.27	300m: 400m: 4:35.15
2. BOMBAERTS, Maloh	BEL	BOUST/012597/09 5:04.22	<b>4:54.93</b>
50m: 31.98	31.98	150m: 250m:	350m:
100m: 1:07.49	35.51	200m: 2:22.79	300m: 400m: 4:54.93

16 ans

1. SFAR, Mehdi	TUN	CNSW/013108/08 4:29.63	<b>4:26.35</b>
50m: 26.84	26.84	150m: 250m:	350m:
100m: 1:01.05	34.21	200m: 2:10.03	300m: 400m: 4:26.35
2. MAMBOUR, Philippe	BEL	SCR/010662/08 4:42.89	<b>4:47.50</b>
50m: 30.38	30.38	150m: 250m:	350m:
100m: 1:04.69	34.31	200m: 2:16.98	300m: 400m: 4:47.50
3. BASIEUX, Armand	BEL	BOUST/011591/08 5:34.51	<b>5:17.13</b>
50m: 33.15	33.15	150m: 250m:	350m:
100m: 1:10.65	37.50	200m: 2:32.62	300m: 400m: 5:17.13

17 - 18 ans

1. CONTENT, Elie	BEL	RBP/010115/06 4:45.75	<b>4:34.71</b>
50m: 30.20	30.20	150m: 250m:	350m:
100m: 1:04.44	34.24	200m: 2:15.13	300m: 400m: 4:34.71
2. GONZALEZ Y GONZALEZ	BEL	RBP/010290/07 4:45.61	<b>4:50.75</b>
50m: 30.86	30.86	150m: 250m:	350m:
100m: 1:05.18	34.32	200m: 2:19.11	300m: 400m: 4:50.75
3. LEDENS, Victor	BEL	CNSW/012923/06 4:58.29	<b>4:55.53</b>
50m: 34.91	34.91	150m: 250m:	350m:
100m: 1:13.35	38.44	200m: 2:28.69	300m: 400m: 4:55.53
4. DEMONTY, Sébastien	BEL	RBP/009091/07 NT	<b>5:14.91</b>
50m: 33.68	33.68	150m: 250m:	350m:
100m: 1:11.36	37.68	200m: 2:31.40	300m: 400m: 5:14.91
5. COOLS, James	BEL	BOUST/012518/06 NT	<b>5:18.84</b>
50m: 32.99	32.99	150m: 250m:	350m:
100m: 1:09.70	36.71	200m: 2:27.68	300m: 400m: 5:18.84
6. GROSJEAN, Paul	BEL	BOUST/013475/06 NT	<b>6:23.74</b>
50m: 37.99	37.99	150m: 250m:	350m:
100m: 1:21.44	43.45	200m: 3:04.34	300m: 400m: 6:23.74